



**Organic
Vegetarian and Vegan
food made from scratch.**

STARTERS

Chips & Salsa

Fresh tomatoes, onion, Serrano peppers, lemon juice, vinegar and spices with corn chips. - 3.95

Guacamole & Chips

Avocado, lime, garlic and salt. - 5.95



Cauliflower Buffalo Wings

Grilled florets in a spicy pepper sauce served with Vegan Ranch dressing. - 7.95



Southwest Stuffed Avocado

Vegan chorizo, beans, over rice, topped with spicy Chipotle Sauce. - 8.95

Wraps & Bowls

Bowl includes brown rice.
Served with corn chips.

Southwestern (v) Option

Black beans, brown rice, tomato, salsa, red onion, Chipotle Sauce, and a choice of jack/cheddar or cashew cheese & a cilantro garnish. - 10.95

Thai (v)

Crunchy cabbage, carrot, celery, red onion, green apple tossed in Spicy Asian Almond sauce, topped with avocado & cilantro. - 10.95

PLEASE NOTE!

If you have a food allergy (particularly to nuts or seeds), we recommend you NOT dine with us as we cannot guarantee you won't be exposed. If you have any other types of dietary allergies, please let us know as not every ingredient is listed for each menu item.
Thank you.

Spring/Summer Menu

Soup & Salads

Dressings: Balsamic Vinaigrette, Cilantro Lime Vinaigrette or Vegan Ranch.
Add Avocado - 1.50 Veggie - .50

Tomato Bisque

Always Vegan & Gluten Free.
Cup - 4.95 Bowl - 7.95

House Salad

Greens, tomato, carrot & celery.
Small - 6.25 Large - 10.95

Taco Salad (v) Option

Greens, avocado, tomato, red pepper, black beans, vegan chorizo, salsa, choice of jack/cheddar or cashew cheese tossed in our tangy Cilantro Lime Vinaigrette & served with corn chips. - 14.95
Add Sour Cream - .50

Chopped Wedge Salad

Arcadia greens, smoked sunflower seeds, pickled red onion & tomato dressed in our creamy Vegan Ranch dressing. - 11.95



Buffalo Salad (v)

Greens, spicy roasted cauliflower, avocado, tomato, carrot, celery, red onion, cilantro, dressed with our creamy Vegan Ranch dressing. - 14.50

Sandwiches

Served with mixed greens.



BLTA (v)

Coconut Bacon, lettuce, tomato, and avocado with Goddess Dressing on Sourdough bread. - 11.95

Grilled Cheese

Cheddar cheese, butter on sourdough. - 8.95

Tempeh Reuben (v)

Marinated and grilled tempeh with sauerkraut, grilled onions, Thousand Island dressing, & cashew cheese on rye. - 11.95

**We accept online orders at
Nectar-Café.com or by calling:
530-820-3314**

**PLEASE, Deliveries are available through
DoorDash but NOT for PICK UP. Thanks.**

South of the Border



Nachos (V Option)

Choice of jack/cheddar or cashew cheese on corn tortilla chips with cilantro and a side of salsa. - 8.95

Nachos Supreme (V Option)

Choice of jack/cheddar or cashew cheese on corn tortilla chips with vegan chorizo, black beans, black olives, jalapeños, guacamole & garnished with cilantro and a side of salsa. - 14.50



Buffalo Cauliflower Taco (V)

Roasted & grilled cauliflower in a spicy pepper sauce served with lettuce, tomato, carrot, avocado, Ranch dressing on a flour tortilla. - 7.00
Add a second taco. - 6.00

Taco (V)

Guacamole, cabbage, Cilantro Lime Crema, served on a corn tortilla with a filling below. - 4.75

Choose your fillings:

- Portobello Mushroom
- Vegan Chorizo
- Combo: Portobello and Chorizo

Taco Plate (V)

Add black beans, brown rice & salsa with a Chipotle sauce drizzle to any taco purchase. - 2.95

Kid's Fare

Almond or Peanut Butter & Jam Sandwich	4.95
Black Beans & Rice	4.95
Bean Burrito	4.95
Cheesy Quesadilla (GF)	4.25
½ Grilled Cheese Sandwich	4.95

House Made Drinks:

Chocolate Fish Coffee & Espresso

Matcha & Chai

Fresh Lemonade

Iced Tea - black and hibiscus

Almond, Oat and dairy milk options.

We have a variety of bottled drinks, beer, & wine.

Desserts

Flourless Chocolate Cake

Chocolate, coconut sugar, eggs, butter. - 7.95

Conscious Creamery Gelato Bars (v)

Various flavors. - 6.00

Raw Dessert Cups

Various flavors - 4.00

Burgers

Comes with a house made Nectar Patty, Pickle and Corn Chips.
Your choice of a
Gluten Free or Pretzel bun.

Add avocado, jack/cheddar, cashew cheese to any burger. - 1.50

American

Nectar Patty, lettuce, tomato & Thousand Island.
Red onion on request. - 12.25

Substitute a Beyond Burger Patty - 15.25



Californian

Nectar Patty, spicy Chili Verde sauce, Chipotle sauce, lettuce, tomato, & avocado. - 13.50

Substitute a Beyond Burger Patty - 16.50

Mushroom Cheeseburger

Nectar Patty, marinated and grilled portobello mushrooms & onions with Thousand Island and dairy OR cashew cheese. - 13.95

Substitute a Beyond Burger Patty - 16.95

Patty Description – Choose a Burger Above

House Made Nectar Patty (V)

House made patty with quinoa, lentils, kidney beans, oats, sunflower seeds, chia seeds, beets, mushrooms & spices.

Beyond Burger Patty (V) - Add 3.00

A plant-based burger patty from Beyond Meat with 23 grams of protein from peas.
No soy, gluten or GMOs.

Smoothies & Shakes (v)

7.75

Nectar Smoothie

Choice of Mango or Pineapple
With banana, spinach, lemon.

Strawberry Banana Smoothie

Strawberries, banana, cashews,
lemon, vanilla, sweetened with monk fruit.

Chocolate Shake

Raw Peruvian Cacao, banana, maca, lucama,
cashews, sweetened with monk fruit.

Vanilla Shake

Banana, maca, flax, vanilla, cashews,
sweetened with monk fruit.