



**Organic
Vegetarian and Vegan
food made from scratch.**

STARTERS

Chips & Salsa

Fresh tomatoes, onion, Serrano peppers, lemon juice, vinegar and spices with corn chips. - 3.95

Guacamole & Chips

Avocado, lime, garlic and salt. - 5.95

Cauliflower Buffalo Wings

Grilled florets in a spicy pepper sauce served with Vegan Ranch dressing. - 7.95

Stuffed Avocado

Southwest: Vegan chorizo, beans, over rice, topped with spicy Chipotle Sauce. - 8.95

Wraps & Bowls

10.95

**Bowl includes brown rice.
Served with corn chips.**

Southwestern (v) Option

Black beans, brown rice, tomato, salsa, red onion, Chipotle Sauce, and a choice of jack/cheddar or cashew cheese & a cilantro garnish.

Thai (v)

Crunchy cabbage, carrot, celery, red onion, green apple tossed in Spicy Asian Almond sauce, topped with avocado & cilantro.

PLEASE NOTE!

If you have a food allergy (particularly to nuts or seeds), we recommend you NOT dine with us as we cannot guarantee you will not be exposed. If you have any other types of dietary allergies, please let us know as not every ingredient is listed for each menu item. Thank you.

Soup & Salads

Dressings: Balsamic Vinaigrette, Vegan Ranch or Cilantro Lime Vinaigrette.

Add Avocado - 1.50 Veggie - .50

Tomato Bisque OR

Chef's Special

Always Vegan & Gluten Free.

Cup - 4.95 Bowl - 7.95

House Salad

Greens, tomato, carrot & celery.

Small - 6.25 Large - 10.95

Taco Salad (v) Option

Greens, guacamole, tomato, red pepper, black beans, vegan chorizo, salsa, choice of jack/cheddar or cashew cheese tossed in our tangy Cilantro Lime Vinaigrette & served with corn chips. - 14.95

Add Sour Cream - .50

Buffalo Salad (v)

Greens, spicy roasted cauliflower, avocado, tomato, carrot, celery, red onion, cilantro, dressed with our creamy Vegan Ranch dressing. - 14.50

Sandwiches

Served with mixed greens.

BLTA (v)

Coconut Bacon, lettuce, tomato and avocado with vegenaise on Sourdough bread. - 11.95

Grilled Cheese

Cheddar cheese, butter on sourdough. - 9.95

Tempeh Reuben (v)

Marinated and grilled tempeh with sauerkraut, grilled onions and cashew cheese on rye. - 11.95

Take Out Only (for now)

**We accept online orders at
Nectar-Café.com or by calling
530-820-3314**

**PLEASE, Deliveries are available
through DoorDash but NOT for
PICK UP. Thanks.**

Comfort Food

Shepherd's Pie (v, GF)

Ground Beyond meat, carrots, peas, mushrooms, onion, garlic red wine, rosemary & thyme topped with creamy vegan mashed potatoes and baked to order.

Served with a dinner salad. - 14.95

South of the Border



Nachos (V Option)

Choice of jack/cheddar or cashew cheese on corn tortilla chips with cilantro and a side of salsa. - 8.95

Nachos Supreme (V Option)

Choice of jack/cheddar or cashew cheese on corn tortilla chips with vegan chorizo, black beans, black olives, jalapeños, guacamole & garnished with cilantro and a side of salsa. - 14.50



Buffalo Cauliflower Taco (v)

Roasted & grilled cauliflower in a spicy pepper sauce served with lettuce, tomato, carrot, avocado, and Ranch dressing on a flour tortilla. - 7.00

Add a second taco. - 6.00

Nectar Taco (v)

Guacamole, cabbage, Cilantro Lime Crema, & lime served on a corn tortilla with a filling below. - 4.75

Choose your fillings:

- Marinated & Grilled Portobello Mushroom
- Grilled Vegan Chorizo
- Combo: Portobello and Chorizo

Taco Plate (v)

Add black beans, brown rice & salsa with a Chipotle sauce drizzle to any taco purchase. - 2.95

Kid's Fare

Almond or Peanut Butter & Jam Sandwich	4.95
Black Beans & Rice	4.95
Bean Burrito	4.95
Cheesy Quesadilla	4.25
Grilled Cheese Sandwich	7.95

House Made Drinks:

Fresh Lemonade

Iced Tea - black or hibiscus

Chocolate Fish Coffee & Espresso

Matcha & Chai

Almond, Cashew, Oat and dairy milk options.
And a variety of bottled drinks, beer and wine

**Visit our Online Ordering at
Nectar-café.com for details.**

Burgers

Choice of a Vegan patty served on a
Gluten Free or Pretzel bun with a pickle.
Add avocado, jack/cheddar, or cashew cheese
to any burger. - 1.50

Choose your STYLE:

American

Lettuce, tomato & Thousand Island &
red onion on request. - 12.25

Choose a House Made Patty or
a Beyond Burger Patty - add 3.00



Californian

Spicy Chili Verde sauce, Chipotle sauce, lettuce,
tomato, & avocado. - 13.50

Choose a House Made Patty or
a Beyond Burger Patty - add 3.00

Choose your PATTY:

Nectar Patty (v)

House made patty with quinoa, lentils, kidney
beans, oats, sunflower seeds, chia seeds, beets,
mushrooms & spices.

Beyond Burger Patty (v) - Add 3.00

A plant-based burger patty from Beyond Meat with
23 grams of protein from peas. No soy, gluten or
GMOs and looks and tastes like beef.

Smoothies & Shakes (v)

7.75

Nectar Smoothie

Choice of Mango or Pineapple
With banana, spinach, lemon & a touch of stevia.

Chocolate Shake

Loads of raw Peruvian Cacao, banana, maca,
lucama, cashew cream, sweetened with monk fruit.

Vanilla Shake

Banana, maca, flax, vanilla, cashew cream,
sweetened with monk fruit.

Desserts

Flourless Chocolate Cake

Chocolate, coconut sugar, eggs, butter. - 7.95

Conscious Creamery Gelato Bars (v)

Various flavors. - 6.00